







All Vegetables are to be served with 1 low fat dressing packet

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
LABOR DAY (No School)		Honeydew Melon	Corn 	White Grapes
8	9	10	11	12
 Watermelon		Cherry Tomatoes		Pear
15	16	17	18	19
Blackberries		Red pepper		Endive 
22	23	24	25	26
Cantaloupe		Jicama		Blood Orange
29	30	1	2	3
Apple		 Sugar Snap Peas		Kiwi

What is FFVP?

The Fresh Fruit and Vegetable Program aims to increase Fruit and Vegetable consumption among students. FFVP began as a pilot program in 2002 and was converted into a nationwide program in the Food, Conservation, and Energy Act of 2008 also known as the Farm Bill.

The Goals of the program is to introduce school children to a variety of produce that they otherwise might not have the opportunity to sample. In addition, to help children live healthy lives by eating fruits and vegetables as snacks.

Everyone plays a part of making this program a success.
Please encourage the students to try the different items being offered.
With your help we can make this a fun experience for everyone!